



The Bersted Buzz

What's on at Bersted Jubilee Hall

Mondays:

Weight Watchers	9 -11am
Pilates	12 - 1pm
Carpet Bowls	2 - 3.30pm
Arun A Capella	7.00 -10pm

Tuesdays:

Mothers & Toddlers (Term time only)	9.30-11.30
Tai Chi (term time only)	12.30 -1.30

Wednesdays:

Aerobics	10-11am
Pilates	11-12am
Carpet Bowls	2 -3.30pm
Wondergirls	6 - 9 pm

Thursdays:

Yoga Bellies (Term time only)	10 -11.30am
Yoga (Except August)	12.30—2pm
NBWI (2nd Thursday in the month only)	2.15—5.30
BR Sugarcraft (1st Thursday in the month only)	6.30-10
BR Winecircle (2nd Thursday in the month only)	7.30-10.30
BR Horticultural (4th Thursday in the month only)	7 -10pm

Fridays:

Yoga Bellies (Term time only)	9.30—11am
Carpet Bowls	2—3.30pm
Judo	7pm

Saturdays:

Weight Watchers	9 -11am
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Sundays:

Church Group	10 - 2pm
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Sundays no bookings after 5pm

See website for hire costs and further info

www.bersted-pc.gov.uk

Or telephone the office on 01243 842221

Email deputy@bersted-pc.gov.uk

2019 Discretionary Grants Available

The Parish Council is taking applications from voluntary and charitable organisations local to Bersted. To apply contact the clerk for an application or visit the website www.bersted-pc.gov.uk

Closing date 21 January 2019.

Welcome to the December/January edition of the **Bersted Parish Council newsletter**

Come and Join us all our meetings are open to the public

All meetings start at 7pm unless otherwise stated.

December Meetings

at Bersted Jubilee Hall

Planning Committee—Tuesday 4 December

Full Council—Tuesday 11 December

January 2019 Meetings

Planning Committee—Tuesday 8 January

Full Council—Tuesday 15 January

Community Resources—Tuesday 22 January

Finance Committee—Tuesday 29 January

Come & Join us

Free Tea & Coffee Club here

**Tuesday 11 December 2-4pm (with carols)
& Tuesday 22 January 2-4 pm 2019**

What is a Community Land Trust?

A public presentation was held here on the 16th October. Community Land Trusts are charitable trusts and offer opportunity to provide local affordable housing for local people .

For further information visit

**[www.ruralsussex.org.uk/what-we-do/
community-land-trusts](http://www.ruralsussex.org.uk/what-we-do/community-land-trusts)**

Helping you prepare for severe cold weather

coldAlert is a free service for Sussex residents, which alerts you to severe cold weather events before they happen. coldAlerts are sent directly to you 24 to 48 hours before a cold weather event is expected. You can choose how you receive coldAlerts either via mobile App, text, automated voice message (to your home phone) or by email - **it's easy and free!**

Who should register for coldAlerts? Carers of elderly relatives or friends, parents of young children and people with health conditions (e.g. arthritis, heart or lung conditions) that worsen in severe cold weather, could benefit from receiving coldAlerts. To receive coldAlerts simply download the airAlert App (from the App Store or Google Play and subscribe to the coldAlert service), register at **www.coldAlert.info** or call us on 01273 484337.