



January-March

Bersted Parish Council

What's on at Bersted Jubilee Hall, PO21 5TU
Subject to change, please call 01243 842221.

Mondays:

Pilates—Jane 12 –1pm
U3A beginners Astronomy **2nd Monday each month** 2 –4pm
Arun A Cappella 7.30 –9pm

Tuesdays:

Mother & Toddler Group 10 -11.30am
Tai Chi (term time only) 12.30—1.30pm
QiGong Tai Chi (meeting Room) 2—3pm
U3A History Group **last Tuesday each month** 2 –4pm
U3A Art Group **1st & 3rd Tuesday** 2.30-4.30pm
Council Committee Meetings 7pm

Wednesdays:

Aerobics—Jane 10am –12pm
Pilates—Jane 12—1pm
Carpet Bowls 2-3.30pm
Pilates—Cordelia 6—7pm

Thursdays:

Yoga 12.30—2pm
U3A Camera Club **1st Thursday each month** 2.30-4.30pm
North Bersted WI **2nd Thursday each month** 2.15 - 5pm
Pilates—Cordelia 6—7pm

Friday

Happy Heart Toddler Group 9.30-11am
Nicki Baby Yoga (Meeting Rm) 9.30—11.30am
Kerry Lane Pilates (Meeting Rm) 11.45—12.30pm
Carpet Bowls 2—3.30pm

Saturdays:

Bognor Regis Art Society **25/1, 15/2, 1&15/3** 2 -5pm

Sundays:

Open Heart Church Group 9.30am—12.30pm

We have availability in our new Meeting Room for meetings/classes—

capacity for meetings— up to 30 people

Exercise classes—up to 20 people

If you are interested in booking, please call 01243 842221 or email office@bersted-pc.gov.uk

New for 2025—QiGong Tai Chi classes

Tuesday's 2—3pm at Bersted Jubilee Hall

To reserve your place or find out more contact Martin 01243 268396 or email taichievents@gmail.com

Bersted Parish Council public meetings start at 6.30pm on a Tuesday.

January

Planning 7th
Council 14th
Community Action 21st
Finance 28th

February

Planning 4th
Council 11th
Finance 25th

March

Planning 4th
Council 11th
Community Action 18th
Finance 25th

What we have been doing.....

- Regular financial donations-via 3 schools to help local families.
- Maintenance of the Spinney trees & Riparian Responsibilities) & Jubilee Fields & Jubilee hall.
- Tombola at Holy Cross Christmas Fete to raise funds for Fresh Food for Families.
- Applying to WSCC for funding through Operation Watershed to repair a ditch and culvert in Shripney.
- Councillors have attending Flood Forums at Arun DC and a residents and business group FACT all looking at alleviating flooding issues in Bersted and Shripney.
- Litterpicks around the parish with more planned for 2025 from March.

Tea & Coffee Club 2025

Monday 20 January 2 - 4pm

Arun Community Transport & games

Monday 17 February—2 - 4pm

Age UK & games

Monday 17 March 2 - 4pm

Games followed by Music By Dave Harris



January-March Bersted Parish Council

 UK Government

Over State Pension age?

You could be entitled to
Pension Credit and get
the **Winter Fuel Payment**.*

Check your eligibility for Pension Credit online.

Eligibility criteria apply
*or the Pension Age Winter Heating Payment in Scotland



Offering a wide variety of services that help to support older people in our community

**Information and Advice
Help at Home
Support at Home after Hospital
Take Home & Settle
Social Clubs**

**Freephone 0800 019 1310
www.ageukwsbh.org.uk
info@ageukwsbh.org.uk**